

| 1500m Kobiety | | | |
|---------------|-----------|------------|----------|
| 1 | Nowak | Maja | 00:19:00 |
| 2 | Kubiak | Aleksandra | 00:25:25 |
| 3 | Idsardi | Jasmine | 00:27:58 |
| 4 | Pawłowska | Agnieszka | 00:30:48 |
| 5 | Megger | Agata | 00:36:31 |
| 6 | Budzyńska | Alicja | 00:38:04 |
| 7 | Patalan | Beata | 00:44:47 |

| 1500m Mężczyźni | | | |
|-----------------|------------------|-------------|----------|
| 1 | Panfilenka | Yury | 00:21:16 |
| 2 | Wierciński | Jakub | 00:22:37 |
| 3 | Jaskułowski | Krzysztof | 00:22:39 |
| 4 | Kostrzewa | Wojciech | 00:22:51 |
| 5 | Kamiński | Szymon | 00:24:24 |
| 6 | Karkuciński | Michał | 00:24:42 |
| 7 | Kubiak | Maciej | 00:24:50 |
| 8 | Zacharjasiewicz | Michał | 00:25:02 |
| 9 | Pisarski | Marcin | 00:25:22 |
| 10 | Kalinowski | Michał | 00:25:27 |
| 11 | Gawkowski | Mariusz | 00:25:34 |
| 12 | Domański | Błażej | 00:25:45 |
| 13 | Malara | Wojciech | 00:25:46 |
| 14 | Liberacki | Adam | 00:26:10 |
| 15 | Kilański | Jan | 00:29:00 |
| 16 | Ałasa | Rafał | 00:29:40 |
| 17 | Magdziarz | Mateusz | 00:30:08 |
| 18 | Jaszczyszyn | Bartłomiej | 00:30:45 |
| 19 | Reszczyński | Mariusz | 00:31:29 |
| 20 | Jawor | Radosław | 00:31:52 |
| 21 | Papuga-Szałapski | Jakub | 00:32:20 |
| 22 | Kazimierczak | Robert | 00:33:06 |
| 23 | Ciszek | Przemysław | 00:34:08 |
| 24 | Glinka | Grzegorz | 00:34:11 |
| 25 | Jones | Christopher | 00:34:33 |
| 26 | Pręgowski | Bartosz | 00:35:06 |
| 27 | Kondratowicz | Mateusz | 00:35:53 |
| 28 | Madej | Mikołaj | 00:37:04 |
| 29 | Kremer | Andrey | 00:38:04 |
| 30 | Zawrotny | Daniel | 00:41:40 |
| 31 | Bagnicki | Dariusz | 00:44:20 |

400m Kobiety

| | | | |
|---|-------------|-----------|----------|
| 1 | Nowak | Maja | 00:05:42 |
| 2 | Chrzanowska | Olga | 00:08:18 |
| 3 | Głogowska | Patrycja | 00:08:54 |
| 4 | Wiktorowicz | Magdalena | 00:09:05 |
| 5 | Zdradzińska | Wioletta | 00:10:32 |
| 6 | Janiak | Dominika | 00:11:06 |
| 7 | Kozioł | Agnieszka | 00:12:13 |
| 8 | Radosz | Sylwia | 00:14:24 |

400m Mężczyźni

| | | | |
|----|-------------|-------------|----------|
| 1 | Szewczyk | Piotr | 00:06:04 |
| 2 | Jaskułowski | Krzysztof | 00:06:36 |
| 3 | Miłkowski | Adam | 00:07:29 |
| 4 | Domański | Błażej | 00:07:34 |
| 5 | Poncyliusz | Marcin | 00:07:36 |
| 6 | Droś | Aleksander | 00:07:46 |
| 7 | Malara | Wojciech | 00:07:53 |
| 8 | Radgowski | Filip | 00:07:55 |
| 9 | Ciszek | Maksymilian | 00:08:21 |
| 10 | Turczyński | Bartłomiej | 00:08:25 |
| 11 | Ałasa | Rafał | 00:08:49 |
| 12 | Bieluga | Robert | 00:10:30 |
| 13 | Borkowski | Marek | 00:10:42 |
| 14 | Hawryluk | Damian | 00:10:52 |
| 15 | Gołębiewski | Zbizniew | 00:11:44 |